

Original title: Hjärtat

International title: The Heart

Countries of production: Sweden

Production year: 2017

Type of film: Drama

Length in minutes: 100 min

### Credits

Director: Fanni Metelius

Screenwriter: Fanni Metelius

Director of Photography: Maja Dennhag

Set Design: Julia Tegström

Costume Designer: Linn Eklund

Make-Up Designer: Martin Sundqvist, Béchir Oueslati

Sound Designer: Calle Buddee Roos

Composers: Katharina Nuttall, Linus Andersson

Editor: Fanni Metelius

Producers: Mimmi Spång, Rebecka Lafrenz

Production company: Garagefilm International

Co-Production: Film i Väst & Film Capital Stockholm

### Cast

Fanni Metelius

Ahmed Berhan

Leona Axelsen

Daniella Mir

Suzanne Reuter

Claes Hartelius

### Synopsis:

“If you love me, then fuck me!” Mika and Tesfay. She: a photographer. He: a musician. Both up-and-coming. The first love. But an invisible conflict, an unnamable shame, stirs between their sheets. An insidious power game is in play, with its rules changing like music beats at the parties in Gothenburg, Stockholm and Ibiza. Behind closed doors and beautifying filters lies a raw reality where Mika’s control over her mind and body is at stake. In her debut feature film, actress, director and auteur Fanni Metelius rips apart relationship prejudices and explores what really makes our pulses quicken in matters of the modern heart.

### Logline:

“If you love me, why don’t you fuck me?”. Between Mika and Tesfay’s sheets an unnamable conflict stirs, putting Mika’s mind at stake. Swedish auteur Fanni Metelius debuts her feature film by penetrating the insidious power games of her generation.

### Directors comment:

Visual arts, especially film and TV, are powerful factors for how our collective consciousness creates norms of how life should be led. Especially when it comes to sex and love. But these norms can turn into dark drivers of shame and conflict, preventing true intimacy. At the film’s core lies a behavioral conflict that many in my generation recognize, yet it is still unnamed in broad society. Why? The challenge was to show how these subtle conflicts, often brushed off as everyday situations, are actually part of a bigger gender pattern. A pattern that as long as it’s unspoken of and unrecognized in the collective mind, can lead to emotional and bodily submission for all. My vision is to present an honest, alternative narrative about relationships and create a platform to push things forward. In all it’s raw, flawed and unfiltered realness.

### Directors biography:

With award-winning shorts and a celebrated performance in Ruben Östlund’s feature Force Majeure under her belt, Swedish director, screenwriter and actress Fanni Metelius is being hailed as a generational auteur. The Heart is Metelius’ debut feature, bringing her raw, novel gaze on society and her BFA (Film Directing/Producing), to full fruition.

### Directors filmography:

2015	You Never Go Down on Me
2011	Unruly
2010	Delirium
2010	Dandelion

Tehcnical info

Specify screening format: 1:1:78 (16:9)

Shooting format: HDV

Screening format: DCP withour KDM

Frame rate: 24 & 25

Sound format: 5:1

Colour: Yes

Spoken language: Swedish, English

Subtitle: English

Sales agent: M-Appeal

Swedish distributor: Triart Film

Production Company: Garagefilm International

Director's portrait, Photocredit: Märta Thisner

Film stils, Photocredit: Maja Dennyhag

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